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PALEO DIET: THE COMPLETE PALEO DIET FOR BEGINNERS TO LOSE WEIGHT AND LIVE A HEALTHIER LIFESTYLE, 30 DAY PALEO CHALLENGE



CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 300 pages. Dimensions: 8.0in. x 5.0in. x 0.7in. Paleo Diet 2 PALEO DIET BOOKS IN 1: The Complete Paleo Diet for Beginners to Lose Weight and Live a Healthier Lifestyle, 30 Day Paleo Challenge The Paleo Diet has been in the spotlight for a while now but there are still many aspects of the Paleo lifestyle that have been misunderstood. But thanks to Cassady Wilson, and her new book...

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- Authored by Matthew Scott
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