# Tea Leaves: A Little Book about Being Who You Are (Paperback)



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## Reviews

If you need to adding benefit, a must buy book. it absolutely was writtern extremely flawlessly and valuable. Once you begin to read the book, it is extremely difficult to leave it before concluding. (Mrs. Odie Murphy II)

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# TEA LEAVES: A LITTLE BOOK ABOUT BEING WHO YOU ARE (PAPERBACK)



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Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Tea Leaves is a collection of quotes by the author with commentary. Ndidi, the author encourages the reader to experience peace, joy and happiness in the present moment. The book explores nine principles for a joyful life, that are inspirations for other books by the author, including African Zen; Finding Joy-Finding Yourself, and A daily Sip of Joy and Peace.Through the nine principles, the reader develops a deeper trust and faith in the relationship to All-That-Is; remembers that kindness to self and others resonates throughout the world; and that each of us can choose to be peaceful. Nine principles also encourage us to set aside worries and fears; honor every living thing in the universe; and express love in the work we do. Lastly, the principles urge us to reveal our passion to create in the world; acknowledge that love is pervasive in life; and that we already have what we are seeking. This little book is intended to invite the reader to remember the magnificence of being alive.

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