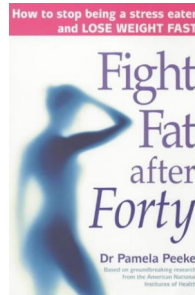


## Fight Fat After Forty: How to stop being a stress eater and lose weight fast .



### Book Review

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(Tara Jerde)

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