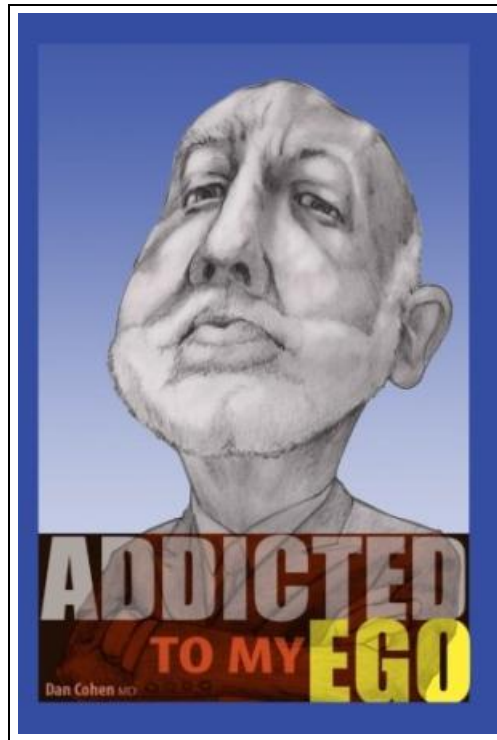


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One Red River, Incorporated. Paperback. Condition: New. 348 pages. Dimensions: 9.0in. x 6.0in. x 0.8in. This book is more than it seems. In fact, some aspects of it will seem more like science fiction, but none of it is fabrication. It is the journey of a neurologist, a brain doctor, in his quest to understand himself. We are at the threshold of a paradigm shift in our understanding about the brain and mind. In particular, the mind is only in small part derived from the organic brain. This shift in our understanding will redefine how we consider brain (ego), mind (spirit) and heart-centered feelings. Today's scientific, diagnostic equipment does not measure the mind. As a result, attempts to understand the mind must come through explorations that are presently considered unorthodox or unscientific. However, revolutionary therapeutic technology has been developed and is described in this book. This technology aids us in realizing the greater perceptive capabilities of our mind and enhances our feeling nature, while simultaneously quieting the brain. One can experience the difference between brain function and mind lending further credence that mind and brain are distinct entities. This line of exploration has direct bearing on one of mankind's most basic questions, What am I? This book is by no means a philosophical treatise. It is a down to earth, example driven description of actual events and discussions that link mind and spirit and defines what we truly are. This book is also exceedingly well grounded in our everyday psychology and feelings. One of the inescapable truths to emerge is that we all have become unwittingly addicted to our ego, our false beliefs. This is the root of all addictions and a function of the brain. This is not what we fundamentally are and we needn't self-identify in this manner. For...



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