



How to be Kind

By -

Octopus Publishing Group. Hardback. Book Condition: new. BRAND NEW, How to be Kind, A comprehensive and heart-warming collection of inspiration ideas about being kind. Including: Tales of the unexpected - random acts of kindness from around the world. Daily good deed - little ideas to enrich your life and the lives of others. Words of Wisdom - quotes to inspire good deeds and positive attitudes. Make history repeat itself - touching tales from history. Feeling good - journaling space to note how you've experienced kindness from little smiles to supportive acts. Count your blessings - journaling space to note your daily positives.



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