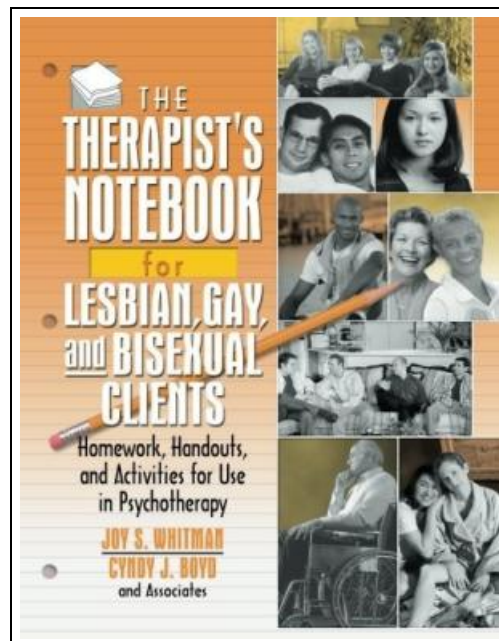


## The Therapist s Notebook for Lesbian, Gay and Bisexual Clients: Homework, Handouts, and Activities for Use in Psychotherapy



Filesize: 4.12 MB

### **Reviews**

*A must buy book if you need to adding benefit. It really is simplified but unexpected situations in the 50 percent of your book. Its been developed in an exceptionally straightforward way and it is merely soon after i finished reading through this pdf where in fact transformed me, modify the way i think.*

**(Dalton Mertz)**

## THE THERAPIST S NOTEBOOK FOR LESBIAN, GAY AND BISEXUAL CLIENTS: HOMEWORK, HANDOUTS, AND ACTIVITIES FOR USE IN PSYCHOTHERAPY



Taylor Francis Inc, United States, 2003. Paperback. Book Condition: New. New.. 269 x 208 mm. Language: English Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Most therapy is set up in a heterosexist context. Explore the issues facing your gay, lesbian, and bisexual clients--and how to deal with them! The Therapist s Notebook for Lesbian, Gay, and Bisexual Clients offers therapists treating lesbian, gay, and bisexual clients innovative, practical interventions plus homework and hands-on activities tailored to these populations. Use the notebook to explore the issues surrounding coming out, homophobia in the workplace, spirituality, identity formation, and issues that require a non-heterosexist approach, such as domestic violence and relationship concerns. Grounded in current theory, each chapter explains the rationale for the activity it proposes, includes contraindications, and provides a list of helpful resources for therapists and clients. Here are just a few of the issues this extraordinary book explores in its four thoughtfully planned sections: Section I: Homework, Handouts, and Activities for Coming Out and Managing Homophobia and Heterosexism addresses: \* conflicts in self-perceptions \* obstacles to the growth of a healthy GLB identity \* dealing with the trauma and anxiety that result from discrimination \* using semi-hypnotic visualization to treat internalized homophobia \* helping bisexuals decide whether to come out or to pass \* coping with internalized homophobic messages \* dealing with heterosexism in the workplace or at school Section II: Homework, Handouts, and Activities for Relationship Issues will help you and your clients understand and work on issues involving: \* choosing the right partner \* intimacy and gender roles \* financial stability \* assimilation, queer pride, and everything in between \* how ethnicity and coupling impact sexual identity \* negotiating a healthy open relationship \* sexual concerns, sexual dysfunction, and pleasuring \* sexual role values for bisexual and lesbian...



[Read The Therapist s Notebook for Lesbian, Gay and Bisexual Clients: Homework, Handouts, and Activities for Use in Psychotherapy Online](#)



[Download PDF The Therapist s Notebook for Lesbian, Gay and Bisexual Clients: Homework, Handouts, and Activities for Use in Psychotherapy](#)

## You May Also Like



### **Simple Signing with Young Children : A Guide for Infant, Toddler, and Preschool Teachers**

Book Condition: Brand New. Book Condition: Brand New.

[Read ePub »](#)



### **Fox at School: Level 3**

Penguin Young Readers Group, United States, 1993. Paperback. Book Condition: New. James Marshall (illustrator). Reissue. 224 x 147 mm. Language: English . Brand New Book. Using their cache of already published easy-to-read books, Puffin launched...

[Read ePub »](#)



### **Everything Ser The Everything Green Baby Book From Pregnancy to Babys First Year An Easy and Affordable Guide to Help Moms Care for Their Baby And for the Earth by Jenn Savedge 2009 Paperback**

Book Condition: Brand New. Book Condition: Brand New.

[Read ePub »](#)



### **Learn the Nautical Rules of the Road: An Expert Guide to the COLREGs for All Yachtsmen and Mariners**

Fernhurst Books Limited. Paperback. Book Condition: new. BRAND NEW, Learn the Nautical Rules of the Road: An Expert Guide to the COLREGs for All Yachtsmen and Mariners, Paul B. Boissier, Expert information for yachtsmen and...

[Read ePub »](#)



### **Accused: My Fight for Truth, Justice and the Strength to Forgive**

BenBella Books. Hardback. Book Condition: new. BRAND NEW, Accused: My Fight for Truth, Justice and the Strength to Forgive, Tonya Craft, Mark Dagostino, This is the true story of a woman who prevailed against the...

[Read ePub »](#)