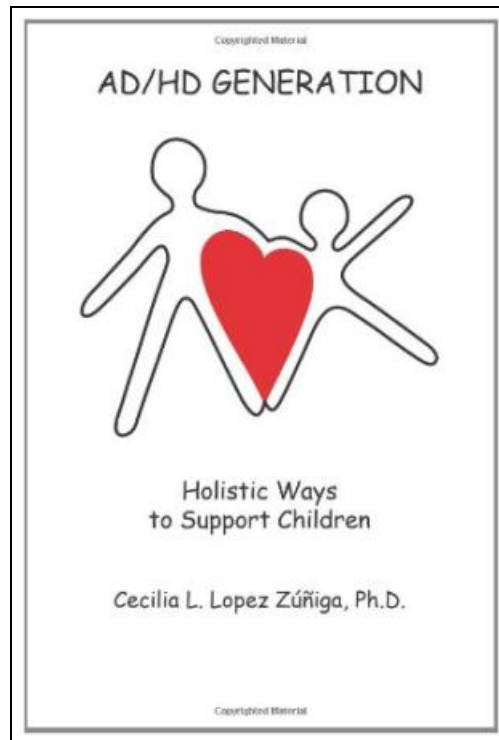


## Ad/HD Generation: Holistic Ways to Support Children (Paperback)



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Trafford Publishing, United States, 2010. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This holistic parenting book is aligned with current research and with the shifts that are apparent today in support of healthier living, a greener planet, and a peaceful world. It not only honors children s individuality and wholeness; it is filled with safe, effective, and reliable facts and holistic parenting tools that honor all aspects of children s being: their physical, mental, emotional, spiritual, and energetic bodies. This easy-to-read guidebook also has step-by-step, do-able practices that can be used immediately to strengthen overall family relationships so that parents and kids can settle into an open, flowing, and more loving space with each other. In AD/HD Generation, Dr. Lopez Zuniga challenges modern society s medical approach to children s functioning, proposing that its heavy reliance on intrusive drugs is both insufficient and dangerous for developing youngsters. Given the risks of stimulants and other prescription drugs, it is time to recognize the value of a holistic approach that includes a nurturing parent-child relationship, healthy lifestyle choices, and full support for children to grow into well-balanced adults. BOOK SUMMARY: Part One of the AD/HD Generation guidebook: \* sifts through the history, causes, treatment issues, and controversies surrounding the AD/HD diagnosis today; and \* reviews the history and benefits of a more holistic approach to health and wellness. Part Two of the AD/HD Generation guidebook: \* provides valid, practical facts and information about holistic options, PLUS easy-to-use tools, charts, tables, and guidance for better understanding holistic parenting and supporting ALL children s wholeness and wellness. Here, you find answers to decide which tools and options might be supportive and do-able with your child right now. You get up-to-date, accurate information so you can make the best...



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