



With the End in Mind: Dying, Death and Wisdom in an Age of Denial

By Kathryn Mannix

William Collins, 2017. Soft cover. Condition: New. 216pp. What colour is cancer Why do some people appear to have made miraculous recoveries How can you tell when someone is in the final hours of their life How can we ensure our most vulnerable are treated with the dignity they deserve In this unprecedented book, palliative medicine pioneer Dr Kathryn Mannix explores the biggest taboo in our society and the only certainty we all share: death. Told through a series of beautifully crafted stories taken from nearly four decades of clinical practice, her book answers the most intimate questions about the process of dying with touching honesty and humanity. She makes a compelling case for the therapeutic power of approaching death not with trepidation, but with openness, clarity and understanding. With the End in Mind is a book for all of us: the grieving and bereaved, ill and healthy. Open these pages and you will find stories about people who could have been your friend, your sister, your dad, your son. You will meet Holly, who danced her last day away; Eric, the retired head teacher who, even with Motor Neurone Disease, gets things done; loving, tender-hearted Nelly and Joe, each...



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Reviews

It becomes an awesome publication that I actually have actually read. It really is written in simple terms and not difficult to understand. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Talia Cormier

Very useful to any or all group of men and women. It is written in basic words instead of difficult to understand. I realized this ebook from my i and dad recommended this publication to understand.

-- Althea Fahey MD