



It's All in Your Head

By Eva Hagberg

Audible Studios on Brilliance, 2017. CD-Audio. Condition: New. Unabridged. Language: English . Brand New. In 2008, after recovering from a few years of hard drinking and harder drug use, after building back up a life as a successful and happy New York writer, Eva Hagberg woke up dizzy. She spent the next five years searching for a diagnosis, a treatment, and most of all an answer. It was a journey that took her from a career as a New York City architecture critic to a bicycle-riding year in Portland, Oregon to graduate school in Berkeley, California. She saw internists, vestibular specialists, and endocrinologists. They all told her she was normal; that the way she felt was all in her head. When everything she thought she could try failed, she began to believe them, trying to heal through yoga, acupuncture, talk therapy, cognitive behavioral therapy, and long walks in the woods. In February 2013, an MRI revealed a mass in her brain. A blood test revealed an elevated tumor marker: A sign of cancer. And that's when the second journey started - one grounded in physiology, in steadily rising marker numbers, and in the brutal invasion of a brain biopsy....



READ ONLINE
[2.39 MB]

Reviews

Totally among the finest pdf We have possibly read through. It usually fails to price a lot of. I discovered this book from my i and dad suggested this pdf to learn.

-- **Michale Beier I**

A very amazing publication with perfect and lucid information. We have read through and that i am certain that i will planning to study once more yet again in the future. You will not really feel monotony at anytime of the time (that's what catalogues are for about should you question me).

-- **Matilda Hoeger V**