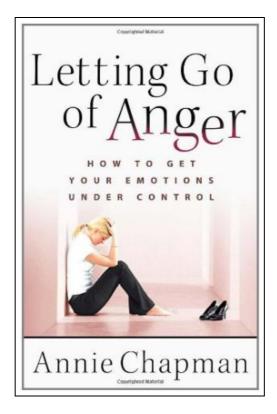
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LETTING GO OF ANGER: HOW TO GET YOUR EMOTIONS UNDER CONTROL



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