



Love and Health: Twelve Physical, Mental and Spiritual Ingredients of Health

By Jerry L. Ainsworth

Trafford Publishing, Canada, 2006. Paperback. Book Condition: New. 229 x 155 mm. Language: English . Brand New Book ***** Print on Demand *****.Love and Health is a classic account of good triumphing over evil, of being given a lemon and making lemonade. It is an intimate sharing of a success story that started with anger and ended in love. Indeed, it is the tale of a personal defeat that developed into a program of love so timely and unique that for one bright shining moment it profoundly changed a university and a hospital and the people who worked there. Dr. Jerry Ainsworth was an administrator at his university when he became embroiled in a conflict with his administration. The battle became so intense and hostile that he was relieved of his administrative post and assigned a menial, punitive position. This dismissal angered him to such a degree that he started a movement to oust the president, or, if not to get rid of him, at least to embarrass him or weaken him politically. After months of seething with anger, he developed a life-threatening medical condition that doctors told him was a direct result of anger and could soon cause his...



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