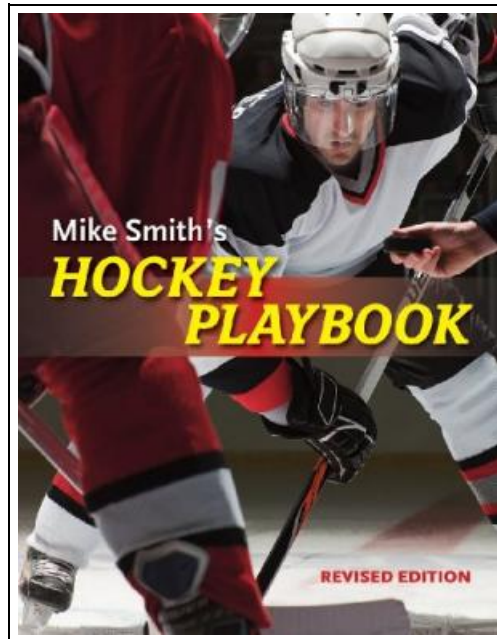


Mike Smith s Hockey Playbook



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Reviews

A must buy book if you need to adding benefit. This is for anyone who statte that there had not been a well worth reading through. Its been designed in an exceptionally straightforward way which is simply right after i finished reading this book where basically changed me, change the way i think.

(Adrien Robel)

MIKE SMITH S HOCKEY PLAYBOOK



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FIREFLY BOOKS LTD, Canada, 2011. Paperback. Book Condition: New. Revised ed.. 276 x 214 mm. Language: English . Brand New Book. The bible for hockey coaches at all levels of competition. Mike Smith s Hockey Playbook is a practical handbook for coaches seeking to improve their players and better their team-play. The book features systems for defensive, offensive and special-team situations, all accompanied by annotated, easy-to-understand diagrams. The systems range from conservative to aggressive -- some are intended for big, physical teams; others for fast-skating and highly skilled teams; and some work for both. Smith also includes teaching methods and drills for honing specific skills. The first challenge for every coach is to determine the abilities of each skater. The approach in Mike Smith s Hockey Playbook is effective with players of all ages and levels of ability. Coaches can match systems with team strategy, bringing a special creative magic to one of the fastest team sports in the world. Mike Smith s Hockey Playbook includes: Clear step-by-step diagrams Dozens of plays and skill-building drills Conservative and aggressive systems Teaching strategies for all levels of play.



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