



The Happy Birth Book: Your trusted A -Z of pregnancy, birth and the early weeks (Paperback)

By Beverley Turner, Pam Wild

Little, Brown Book Group, United Kingdom, 2017. Paperback. Condition: New. Language: English . Brand New Book. If you re having a baby this is a MUST READ. Get the birth you want whatever path you choose Davina McCall This is an amazing book. It should be read by everybody having a baby and anyone providing care around birth Lesley Page, President of The Royal College of Midwives A practical, no nonsense approach to ensuring you are fully prepared for the greatest adventure out there! Bear Grylls Beverley Turner is at the forefront of a new generation leading birth into the future . . . The Happy Birth Book is a must-have for every pregnant woman and every midwife Professor Caroline Flint, midwife, NCT teacher and trustee, Past President of The Royal College of Midwives The Happy Birth Book gives great medical, psychological and social advice, which means you will be 110 per cent ready for the big day Dr David BullPregnancy, birth and the early weeks of being a parent can be incredibly overwhelming. It s a very special time and should be a joyful and empowering experience. Yet the conflicting advice about pregnancy, labour and parenting can leave your...



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