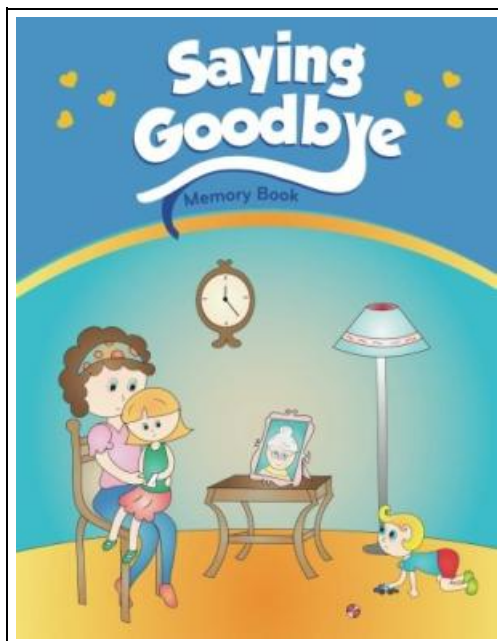# Saying Goodbye: Memory Book

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Reviews

Simply no words and phrases to clarify. It really is full of knowledge and wisdom You wont feel monotony at at any moment of the time (that's what catalogs are for relating to when you question me).
(Paolo Spinka)

SAYING GOODBYE: MEMORY BOOK

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Counseling with Heart, United States, 2014. Paperback. Book Condition: New. Lucia Martinez (illustrator). 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.Each year, thousands of children lose a loved one. Saying Goodbye is an interactive memory book that helps children cope with the jumble of thoughts, feelings, and questions that arise when a loved one dies. Children also gain support to acknowledge their big, confusing questions, including why the person died, where he or she is now, and how to respond to words of comfort that don t feel helpful. In addition, Saying Goodbye offers exercises to help children learn to access positive thoughts and practice self-care while honoring the person who has died. Ages 7-12, Softcover, 40 pages Other titles available in the Helping Kids Heal Series Memories of You: Pet Memory Book Beyond Being Bullied: A Resiliency Workbook for Kids Who Have Been Bullied Outsmart Test Anxiety: A Workbook to Help Kids Conquer Test Anxiety Better Days: A Workbook to Help Kids Better Understand and Accept Retention A Brighter Tomorrow: A Workbook to Help Kids Cope with Traumatic Events Chill Out: A Workbook to Help Kids Learn to Control Their Anger Mom or Dad s House?: A Workbook to Help Kids Cope with Divorce Broken Promises: When Parents Don t Keep Their Word Cyber Savvy: A Workbook for Kids Who Have Been a Target of Cyberbullying Twice the Love: A Workbook for Kids in Blended Families Somebodyness: A Workbook to Help Kids Improve Their Self-Confidence Each workbook in the Helping Kids Heal Series allows children to process their pain through art therapy, self-reflection, and self-awareness activities.

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