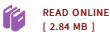




## Shin Ho Kwan: Volume One (Paperback)

By Sean Pearson

Createspace Independent Publishing Platform, United States, 2011. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\*\* Print on Demand \*\*\*\*\*\*. Taekwondo is easily recognized as one of today s most widely practiced martial arts in the world. Now, enhance your practice with this incredible new resource. Shin Ho Kwan Volume One is a complete sourcebook on the martial art of Shin Ho Kwan Taekwondo. Meticulously compiled by Master S. Pearson after years of research and dedication, this work stands apart from other Taekwondo manuals. In addition to the standard forms acknowledged by the World Taekwondo Federation this volume also delves deeply into numerous techniques; including kicks, strikes, joint locks, and throws that distinguishes Shin Ho Kwan Taekwondo and elevates it from sport to art. This stunning book is a must have for all practitioners of martial arts, particularly those students of Taekwondo, regardless of with which association he or she is affiliated.



## Reviews

The publication is straightforward in study safer to recognize. It is writter in straightforward words and never hard to understand. Its been printed in an extremely straightforward way and it is just after i finished reading this book through which basically modified me, affect the way i think.

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It is an amazing ebook i have possibly study. Indeed, it is engage in, nevertheless an amazing and interesting literature. I am just very easily can get a pleasure of reading a published book.

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