

Life Energy! (Bw): *The Sun, Glucose Why Humans Are Herbivores! (Paperback)



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Reviews

This ebook will not be simple to start on looking at but really enjoyable to read. It is one of the most awesome book we have study. Your life span is going to be transform when you complete looking over this pdf.
(Kayla Gutkowski)

LIFE ENERGY! (BW): *THE SUN, GLUCOSE WHY HUMANS ARE HERBIVORES! (PAPERBACK)

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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Peace and Blessings of Health! *Do YOU have a health issue that YOU would like to over-come? *Do YOU want to Improve the Quality of YOUR Life? *Do YOU want to experience ABUNDANT LIFE? *** OPEN THIS BOOK - NOW!!! *** This small book is written with the purpose of re-examining the role of Nutrition in health care and everyday Life.LIFE IS ENERGY.Nutrition is a descriptive term to describe how we replenish our Life Energy. Understanding Nutrition is the equivalent of understanding Energy and Knowledge of Nutrition enables us to make precise Energy adjustments through Nutrients to provide the proper Energy needed for all our body functions/tasks - from achieving Homeostasis, facilitating our Growth, Development and Self- Healing. We come from the Earth and all our Solutions are manifested from the Earth. All we have to do is return back to the Earth and extract what we need. Food is our naturally occurring vehicle, perfectly designed for administering the Life Energy in the form of Nutrition. Our Food choices and the Energy released from it, presents as either the root cause of our dis-ease or the base for our Solution. From our Cells to our Immune system, we are Created to Heal and Regenerate Self with the aide of proper Nutrition/Energy. Our Food is our Medicine ONLY with proper application. There is no in-between, which means that we are either eating to die - OR - Eating To LIVE !!!! Energy is the Key to LIFE and we Know that the Sun is the Source of all Energy, so if we focus on how to obtain as much Sun in the form of food as possible = the Key to Nutritional Health...



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