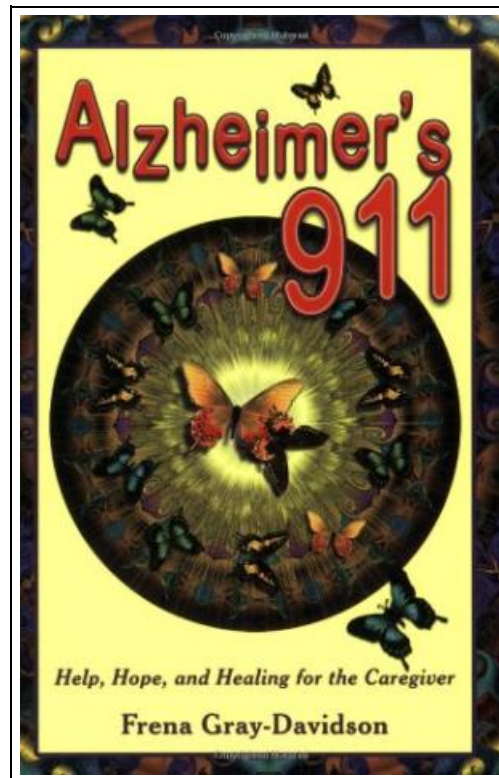


Alzheimers 911: Help, Hope, and Healing for the Caregiver



Filesize: 8.68 MB

Reviews

This is the best book i have read until now. It can be filled with knowledge and wisdom Once you begin to read the book, it is extremely difficult to leave it before concluding.

(Nadia Konopelski)

ALZHEIMERS 911: HELP, HOPE, AND HEALING FOR THE CAREGIVER



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Robert Reed Publishers. Paperback. Book Condition: New. Paperback. 207 pages. Frena Gray-Davidson, *Alzheimers Caregiver Extraordinaire Brings You Help, Hope, and Healing* Alzheimers 911 is a must-read for everyone associated in any way with anyone with dementia. Frenas spiritual sophistication and pragmatism provide profound, practical, and precious tools that will not only make your journey more bearable but give you meaningful lessons that can be applied to how to live a life of love with yourself and everyone you care about. With humor, sensitivity, and clarity, Frena draws on her 20 years as a hands-on caregiver taking the approach to look at the inner world of people with Alzheimers (or any kind of dementia) similar to when she was a foreign correspondent in Asia and India looking with fresh and curious eyes to understand the people from their perspective, without judgments. She shares secrets of successful dementia caregiving and reveals the deep spiritual and emotion growth possible in dementia. Even within the losses of Alzheimers, insightful caregivers can discover their possible radiance and humor. This journey of continuing inner growth can renew the purpose and courage of the caregiver, while bringing peace and resolution to the elder. Most importantly, Frena shows how the caregiving journey can bestow a whole new set of wonderful life skills on the caregiver. She demonstrates that there is nothing in meditation, prayer, and spiritual practice that you cant also learn as a dementia caregiver. Plus, you can also have a whole lot of fun. Included in this book is a very useful Appendix: Alzheimers Workup, Research, Resources listed by State, Books, Websites, Area Agencies by State, and special prayers written by the author. Frena Gray-Davidson gives us a fresh way to walk through this holy ground of caregiving. She opens a window that does not show a...



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