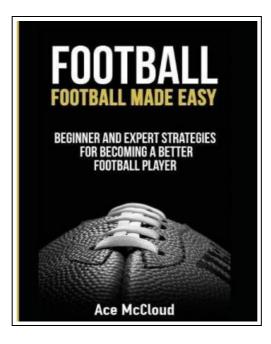
## Football: Football Made Easy: Beginner and Expert Strategies for Becoming a Better Football Player (Paperback)



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Pro Mastery Publishing, 2017. Paperback. Condition: New. Large type / large print edition. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Do you wish there was something more you could do to help your team win? Tired of getting pushed around on the field? Whether (1) you are just starting out, (2) you want to discover some new tactics to give you the edge on your competition, or (3) if you want to hone your mind and body to boost your skills to the next level, this book will teach you everything you need to know. Remove those nagging doubts and take the field with confidence. In a sport like football, you need to do whatever it takes to be at the top of your game, otherwise you may find yourself on the sidelines with an injury, wishing things had gone differently. Stop trying to guess at what you think is the best course of action and start doing things in a way that really gets great results! This guide will explain to you in full detail some of the best strategies, techniques, and life-style choices that can easily help football players excel - both on and off the field - and win more often! Discover the best secrets and strategies to maximize your playing potential. Football is a popular sport for all ages, but its competitive nature requires focus and dedication in several key areas, including football knowledge, physical conditioning, and mental focus. How far you take your skills is up to you. Much depends on how willing you are to commit to the discipline of hard work in order to develop your physical and mental skills. An exceptionally talented and determined player may even hope to make it to the top - the NFL- if he...

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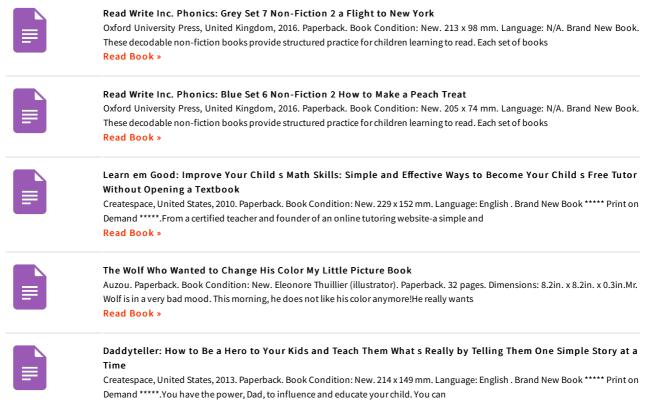
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