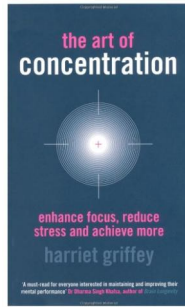


## The Art of Concentration: Enhance Focus, Reduce Stress and Achieve More



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