



The Instant Pot Electric Pressure Cooker Cookbook: Easy Recipes for Fast Healthy Meals (Paperback)

By Lauren Randolph

Callisto Media Inc., United States, 2020. Paperback. Condition: New. Language: English . Brand New Book. With over 300,000 copies sold-enjoy 100+ easy, wholesome, customizable recipes offered in the #1 bestselling official Instant Pot(R) cookbook. There s nothing the Instant Pot(R) can t do-and with the right cookbook in hand, there s nothing you can t cook. The Instant Pot(R) Electric Pressure Cooker Cookbook will teach you to create a variety of healthy, easy-to-make recipes with confidence. From savory breakfasts and hearty stews to decadent desserts and more, this Instant Pot(R) cookbook is sure to satisfy everyone at the table. In the pages of this bestselling Instant Pot(R) cookbook you ll find: 100+ no-fuss meals with options for vegetarian, gluten-free, and Paleo-friendly dietsLow-maintenance recipe guidelines including pressure levels and cooking timesHandy prep-time labels that specify meals that cook in 20 minutes or longer (45+ minutes), as well as kid-friendly dishesPerfect for beginners or long-time enthusiasts, this Instant Pot(R) cookbook is your A-Z guide for all things Instant Pot(R). For this busy mom, [the Instant Pot] was like learning to cook all over again.until I got this Instant Pot cookbook. Whether you are new to the Instant Pot or you are a...



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