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(Anastasia Kihn)

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Andrews McMeel Publishing. Paperback. Book Condition: new. BRAND NEW, Quick-Fix Gluten Free, Robert M. Landolphi, Gluten-free professional chef Robert M. Landolphi proves that a gluten-free lifestyle doesn't have to be bland and boring, labour-intensive, or time consuming inside Quick-Fix Gluten Free. In preparation for his follow-up to *Gluten Free Every Day Cookbook*, Landolphi asked fans about their biggest gluten-free challenges and created Quick-Fix Gluten Free in response to the dishes. Divided into nine sections delving into everything from appetizers and breakfast to hearty, internationally inspired dishes, fan favourite comfort foods and decadent sweets and treats, Quick-Fix Gluten Free offers 100 fast and easily prepared recipes for crave-worthy dishes like Cinnamon Dusted French Toast, Gnocchi with Roasted Garlic Butter and Parmesan Cheese. With a focus on fast, fresh and flavourful, these contemporary dishes are simple enough for everyday meals and delicious enough to serve to anyone--whether they are on a gluten-free diet or not. Whether your choice to live gluten free is driven by the desire to lose weight, comply with a celiac diet or the need to avoid wheat because of mild allergies, Quick-Fix Gluten Free proves that once-taboo foods like crusty breads, creamy pastas and indulgent cakes are no longer off-limits.



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