



## Don t Take with Alcohol (Paperback)

By Olivia Walker

Createspace, United States, 2011. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.A good train wreck is fun to watch-at a distance. For Olivia Walker there was nothing fun about it and she was driving. It was a winding track of misery that included abusive relationships, prescription drug and alcohol abuse, incorrect psychiatric diagnosis and the struggles of surviving as a woman in a world designed for men. This is an honest and brutal account of how she used substances rather than strength and faith to escape bad relationships and career choices. Olivia s descent into addiction was excruciatingly slow at its onset in her thirties. The signs weren t glaring until the end, but by then, it was almost too late. There was a lot for her to lose but even more left to save. She was a typical professional woman, like your sister, friend, mother or yourself. This woman made it out of her created hell on her own terms and followed few traditional recovery rules. Twelve Steps don t work for everyone, certainly not her. This story is living proof that addiction is not a fatal disease. It is a creation of...

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