



Meditations to Experience the Power of Surrender

By Judith Orloff

Hay House UK Ltd, United Kingdom, 2015. CD-Audio. Book Condition: New. Unabridged. 140 x 125 mm. Language: English . Brand New. These soothing meditations will allow you to experience the power of letting go. In our busy world, it is so easy to become tense, clenched, overwhelmed and anxious. Surrender is a spiritual devotional practice that connects you to the magic of universal flow. This programme will teach you how to blend with this flow for your highest well-being and let go of stress, over thinking and fear by tuning in to the deepest calm within you. Sit back and relax as Dr Judith Orloff guides you to release any obstacles hindering your relationships, success and health so you can be fully open to abundance in all areas of your life. The more you can surrender, the more intuitive, open hearted, powerful and blissful you will feel. This CD will take you on a mini-vacation from stress and negative thoughts so that you can return to life replenished, with renewed wonder and awe. Meditations include: Surrender Stress; Surrender to Your Intuition; Surrender to Spirit; Surrender Fear and Worry, Embrace Inner Calm; Surrender to Success and Abundance; Surrender to Your Soul...



READ ONLINE
[8.62 MB]

Reviews

It is one of the most popular books. I am quite late in starting to read this one, but better than never. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Camille Larson**

The book is simple to read through better to fully grasp. It is really exciting through looking at periods of time. I discovered this publication from my mom and dad encouraged this book to find out.

-- **Dr. Dillon Monahan**