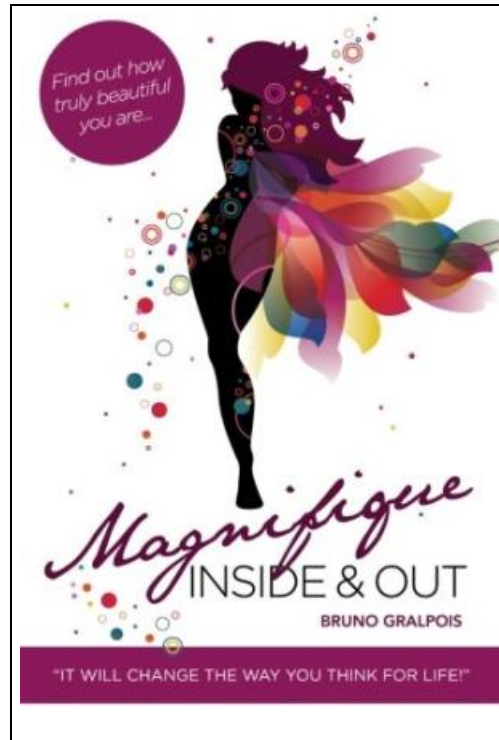


Magnifique: Inside Out



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MAGNIFIQUE: INSIDE OUT



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Waterside Productions, Incorporated. Paperback. Condition: New. 334 pages. Dimensions: 9.0in. x 6.0in. x 0.8in. Learn the best-kept secrets from confident, talented women and (re) discover how TRULY beautiful you are. Conditioned by popular culture, too many women obsess about their physical appearance they invest time, effort and money seeking to conform to today's narrow definition of beauty. The result: disillusion, low self-esteem and a lack of confidence that get in the way of generations of women seeking to realize their amazing potential. Magnifique Inside and Out is a personal guide to understanding how beauty fits into our busy lives. Marketing expert and celebrity judge Bruno Galpois reveals the secrets to confident beauty, based on interviews with inspiring role models and subject matter experts in nutrition, fitness, communication, reputation management and confidence building. A French native, Galpois grew up near Paris, the world-renowned center of style, beauty and fashion. In this book, he divulges the essential ingredients to personal growth, success and fulfillment; guidance on following in the footsteps of remarkable women, and ways to reexamine our understanding of what really defines beauty. The book offers captivating real-life stories and a step-by-step approach to applying celebrity secrets to everyday life. Magnifique Inside and Out celebrates women's journey to finding and strengthening inner beauty. It reminds us that beauty is not just on the outside is a powerful asset to success in every facet of life. Praises: From body image to personal branding, Bruno Galpois research and writing inspires women in their pursuit of true beauty. I highly recommend the book to anyone who is inspired to be Magnifique. - Jamei June, International Model and Writer The book is brilliant. Bruno brings a new fresh perspective to understanding beauty and shows that it is truly expressed from the inside and out. - Roxie Diofiak, Miss Washington US...



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