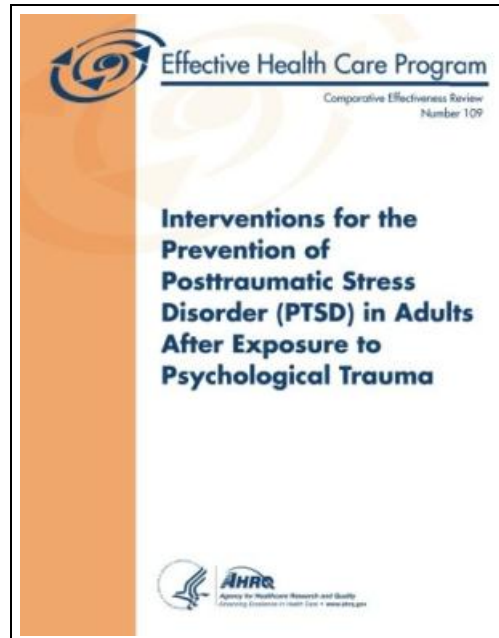


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## INTERVENTIONS FOR THE PREVENTION OF POSTTRAUMATIC STRESS DISORDER (PTSD) IN ADULTS AFTER EXPOSURE TO PSYCHOLOGICAL TRAUMA: COMPARATIVE EFFECTIVENESS REVIEW NUMBER 109



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Createspace. Paperback. Book Condition: New. This item is printed on demand. Paperback. 306 pages. Dimensions: 11.0in. x 8.5in. x 0.7in. Posttraumatic stress disorder (PTSD) may develop following exposure to a traumatic event. According to the fourth edition of the Diagnostic and Statistical Manual of Mental Disorders, Text Revision (DSM-IV-TR), the essential feature of PTSD is the development of characteristic symptoms following exposure to an extreme traumatic stressor. The stressor may include having direct personal experience of an event that involves actual or threatened death or serious injury or other threat to one's physical integrity; witnessing an event that involves death, injury, or a threat to the physical integrity of another person; or learning about unexpected or violent death, serious harm, or threat of death or injury experienced by a family member or other close associate. The DSM-IV-TR also requires that the person's subjective response to the event involve intense fear, helplessness, or horror. Some traumatic events that are directly experienced or to which individuals can be exposed include military combat, violent personal assault, being taken hostage, a terrorist attack, torture, natural or manmade disasters, and being diagnosed with a life-threatening illness. Psychological trauma is common and leads to PTSD in a substantial number of adults exposed to trauma. The 1990-1992 National Comorbidity Survey indicated that 60 percent of men and 51 percent of women reported experiencing at least one traumatic event in their lifetimes. Shortly after exposure, many people experience some symptoms of PTSD; in most people, those symptoms resolve within several weeks of the trauma. However, in approximately 10 to 20 percent, PTSD symptoms persist and are associated with impairment in functioning. Although approximately 50 percent of those diagnosed with PTSD improve without treatment in 1 year, 10 to 20 percent develop a chronic unremitting course. Prevention of PTSD can...

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