



## Gulp: Adventures on the Alimentary Canal

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By Mary Roach

Oneworld Publications, United Kingdom, 2014. Paperback. Book Condition: New. 2nd Revised edition. 198 x 129 mm. Language: N/A. Brand New Book. Eating is the most pleasurable, gross, necessary, unspeakable biological process we undertake. But very few of us realise what strange wet miracles of science operate inside us after every meal - let alone have pondered the results (of the research). How have physicists made crisps crispier? What do laundry detergent and saliva have in common? Was self-styled nutritional economist Horace Fletcher right to persuade millions of people that chewing a bite of shallot seven hundred times would yield double the vitamins? In her trademark, laugh-out-loud style, Mary Roach breaks bread with spit connoisseurs, beer and pet-food tasters, stomach slugs, potato crisp engineers, enema exorcists, rectum-examining prison guards, competitive hot dog eaters, Elvis doctor, and many more as she investigates the beginning, and the end, of our food.



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