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Chinese Recipes - Chinese Food Made Easy: Chinese Cookbook with 26 Quick and Easy Authentic Chinese Recipes to Try at Home

By Ted Alling

CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 58 pages. Dimensions: 9.0in. x 6.0in. x 0.1in. Chinese Recipes: Chinese Food Made Easy Chinese Cookbook with 25 Quick and Easy Authentic Chinese Recipes to Try at Home This book is designed as a guide to make Chinese Food Made Easy because this book has 25 easy recipes. Chinese food is cooked with an intention to increase the health benefits, such as healing powers, longevity, and medicinal value. Typically, unsaturated fats are used to increase health benefits, such as cream, cheese, and butter. Chinese food requires soy sauce and other additives that are rich in sodium. If you don't want extra salty food, you can skip the salt in your food items. Try recipes from this Chinese Cookbook, and enjoy healthy recipes at home. There is no need to worry about ingredients because these are easily available around you. Chinese food has more vegetables, snow peas, and low salt; therefore, these are healthy for everyone. Chinese Cookbook is designed for you to try inexpensive Chinese food at home because the authentic food at high-end restaurants will be really expensive. - Understand Chinese Ingredients - Chinese Noodles - Special...



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