

## Instructions for a Broken Heart (Paperback)



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**(Nicolette Hodkiewicz)**

## INSTRUCTIONS FOR A BROKEN HEART (PAPERBACK)



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Jessa: To help you get over your train wreck EX, I ve enclosed 20 envelopes. Each one has a reason why Sean is a jerk and not worth the dirt on your shoes. And each one has an instruction for you to do one un-Jessa-like thing a day. NO CHEATING! Ciao! -C When Jessa catches her boyfriend, Sean, making out with Natalie the Boob Job Stone three days before their drama club s departure to Italy, she completely freaks. Stuck with a front-row view of Sean and Natalie making out against the backdrop of a country that oozes romance, Jessa promises to follow all of the outrageous instructions in her best friend s care package and open her heart to new experiences. Enter cute Italian boy stage left. Jessa had prepared to play the role of humiliated ex-girlfriend, but with Carissa directing her life from afar, it s finally time to take a shot at being a star. Instructions for a Broken Heart transported me-to Italy, back to high school, to the wrench and ache of a first breakup and the exhilaration of self-discovery.with multifaceted characters and realistic complexities, this unforgettable novel is a journey I m so glad to have taken. -Eireann Corrigan, author of Accomplish.



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