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A Path to Wisdom - How to Live a Balanced, Healthy and Peaceful Life

By Tony Jeton Selimi

Panoma Press. Paperback. Condition: New. 354 pages. Dimensions: 9.0in. x 6.0in. x 0.9in. Working with Tony is a journey that will impact your life and who you are. Tonys focus is to identify your real goals and what are the real blockers. His approach enables you to resolve these to allow you to move forward healthily. Tony has been a very Positive Supportive and incredibly focused coach and mentor to me. He is always looking for the good of his clients. I have learnt a lot from working with Tony, I choose to work with Tony as he was not the normal coach whom I had met who believe its just a simple process to identify goals and charge through, Carpet over cracks of your life. Tony takes time and puts all he has into his work with clients he engages on many levels with you. His book A Path to Wisdom: How to live a healthy, balanced and peaceful life and TJS Evolutionary methodology is exceptionally powerful and brings together the best of many western and eastern practices. Throughout the book Tony will challenge and push you to reach for your star. Thank you for being extremely patient with me,...



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