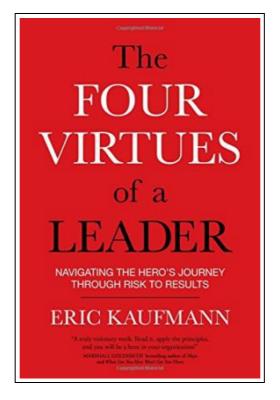
# Four Virtues of a Leader: Navigating the Hero's Journey Through Risk to Results (Paperback)



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# Reviews

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SOUNDS TRUE INC, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book. Awaken the Courageous Leader Inside You True leaders inspire us with their confidence, dedication, and track record of achievement—but does their success arise from innate gifts, or qualities that we all can develop? Each of us, no matter what our title or job, can become an effective leader by cultivating the same essential attributes found in the classic hero's journey, says Eric Kaufmann. With The Four Virtues of a Leader, this top executive coach presents a must-read guide to help you awaken and amplify the fundamental competencies that every successful leader embodies. Through his interaction and study of some of todays top executives and innovators, Kaufmann has identified the four cornerstones of good leadership: Focus that combines self-awareness with vision; Courage to move toward what you deather avoid; Grit for persevering through fatigue and discouragement toward your long-term goals; and the Faith to overcome doubt and stay fully committed to your work. Here he shares powerful insights and field-tested guidance to help you develop these qualities, including: - Four key questions to keep you on track: What am I creating? What am I avoiding? What am I sustaining? What am I yielding? - How to recognize fear as the gatekeeper to your true power - Employing effective communication and genuine empathy to improve your relationship with your team - Using mindfulness and meditation to instill leadership qualities at the neurological level - Training yourself to consistently make better decisions that always serve your ultimate goals The hero's journey challenges you to leave your comfort zone and become a different person--and a better leader, writes Eric Kaufmann. With The Four Virtues of a Leader, he invites you to embark upon a time-honored...



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