



Artful Therapy (Paperback)

By Judith Aron Rubin

John Wiley and Sons Ltd, United States, 2005. Paperback. Condition: New. New. Language: English . Brand New Book. Use the therapeutic potential of art to make progress in your practice Artful Therapy shows you how to use art to make a difference in therapy. Using visual imagery and art creation, you can help people with medical problems understand how they feel about their illness; victims of abuse tell without talking ; and substance abuse and eating disorder clients tap into unresolved issues. These are just a few examples of how the power of art can improve your practice. Ideal for mental health professionals and allied workers with little or no art background, this accessible and proven guide takes you through the techniques of using art and visual imagery, and shows you how they can benefit clients of varying ages and abilities. With the art therapy tools provided, you can open potentially groundbreaking new dialogues with your clients. Author Judith Aron Rubin draws on more than forty years experience as an art therapist to help you maximize the value of art as a therapeutic tool, in both the mental health disciplines, such as psychology and social work, and related specialties. An...



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