



## O s Little Book of Happiness (Hardback)

By O the Oprah Magazine

Flatiron Books, 2015. Hardback. Condition: New. Language: English . Brand New Book. With a sprightly dose of insightful inspiration, a sprinkling of practical advice, and a bounty of exuberant stories by great writers, O s Little Book of Happiness features some of the best work ever to have appeared in O, The Oprah Magazine. Inside you ll find Elizabeth Gilbert s ode to the triumph of asking for what you want, Jane Smiley s tribute to the animal who taught her about lasting fulfillment, Roxane Gay s sure-fire cure for complaining, Brene Brown s celebration of the powers of play, Neil deGrasse Tyson s take on the joyful participation in the universe, and much more. Revisiting fifteen years of the magazine s rich archives, O s editors have assembled a collection as stunning as it is spirit-lifting.



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