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My Life as an Experiment: One Man's Humble Quest to Improve Himself by Living as a Woman, Becoming George Washington, Telling No Lies, and Other Radical Tests

By A J Jacobs

SIMON SCHUSTER, United States, 2010. Paperback. Book Condition: New. Reprint. 212 x 138 mm. Language: English . Brand New Book. One man. Ten extraordinary quests. Bestselling author and human guinea pig A. J. Jacobs puts his life to the test and reports on the surprising and entertaining results. He goes undercover as a woman, lives by George Washington's moral code, and impersonates a movie star. He practices radical honesty, brushes his teeth with the world's most rational toothpaste, and outsources every part of his life to India including reading bedtime stories to his kids. And in a new adventure, Jacobs undergoes scientific testing to determine how he can put his wife through these and other life-altering experiments one of which involves public nudity. Filled with humor and wisdom, My Life as an Experiment will immerse you in eye-opening situations and change the way you think about the big issues of our time from love and work to national politics and breakfast cereal.



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