



Stretch for Change: How To Improve Your Change Fitness And Thrive In Your Life

By Gustavo Razzetti

Liberationist Press. Paperback. Condition: New. 294 pages. Dimensions: 9.0in. x 6.0in. x 0.7in. A critical read for any leader to understand the tapestry of our changing times. Charles Adler, Co-founder, Kickstarter This book not only lessens our fears of change but gives us the tools to truly harness it for greater productivity and success in the workplace and out of it. Abigail Posner - Head of Strategy, Google Gustavo's book offers more than just an approach; it provides a roadmap, actionable tips and exercises to help you get fit for change and to ensure you don't just survive, but that you thrive! David Jones, Founder and CEO You and Mr. Jones, Founder One Young World Stretch for Change is a great resource to keep us moving in the right direction -- filled with endless excuse-busters for when we fall back into our comfort zone. Jonathan Raymond, CEO at Refound, Author of Good Authority Gustavo's belief that we not only can but must become change-fit--to better ourselves and the world around us--is contagious. Mandy Burrell, Chair of the Board, Public Narrative Discover how to thrive in our unpredictable world. Re-engage with your passions and improve your leadership skills by stretching your mindset and improving your adaptability. Change is threatening for most of us. The good...



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