



## Raising Girls with ADHD: Secrets for Parenting Healthy, Happy Daughters

By Dr James W Forgan, Mary Anne Richey

Sourcebooks, United Kingdom, 2014. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book. Although an increasing number of girls are diagnosed with ADHD every year, most of the focus of parent and teacher interventions has been on boys, leaving girls with ADHD frustrated and prone to acting out. Written by two professionals who have been there and done that with their own children with ADHD, Raising Girls with ADHD provides expert information to empower parents to make decisions about identification, treatment options, behavioral strategies, personal/social adjustment, educational impact, and many other issues from preschool through high school. These girls struggles with socialization and peer acceptance, executive functioning skills like memory and organization, and emotional well-being and self-confidence are discussed with a goal of maximizing strengths and providing supports for weaknesses. Complete self-reflection surveys and action steps for parents and girls alike are included to create a dynamic action plan for your daughter s success in school and beyond.



READ ONLINE  
[ 2.18 MB ]

### Reviews

*This pdf may be really worth a read, and superior to other. It generally does not price too much. Once you begin to read the book, it is extremely difficult to leave it before concluding.*

-- **Dylan Schaden**

*This is the finest ebook i have got read through till now. It really is full of wisdom and knowledge You wont sense monotony at anytime of the time (that's what catalogs are for relating to in the event you ask me).*

-- **Mr. Edison Roberts IV**