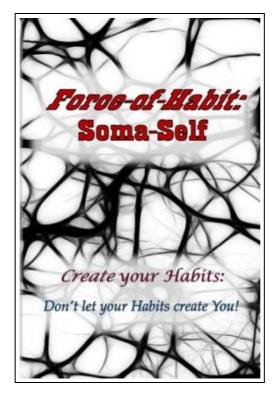
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(Kayla Gutkowski)

FORCE-OF-HABIT: SOMA-SELF: CREATE YOUR HABITS: DONT LET YOUR HABITS CREATE YOU (VOLUME 1)



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Living Perspectives. Paperback. Condition: New. 162 pages. Dimensions: 9.0in. x 6.0in. x 0.4in.Lack of understanding regarding how something works obliges trial-and-error: Understanding how something works though, enables massive possibilities. Force-of-Habit: Soma-Self and Force-of-Habit: Cognitive-Self (book-two) are the culmination of four years of multi-discipline research. Each is focused to comprehensively detail the intricate-simplicities of How-We-Cognitively-Work as humans. Initializing at sensory origins the reader virtually travels through multiple systems responsible for habitual responses, behavior, thinking, recall, reasoning, ingenuity, imagination, and so much more. Force-of-Habit propels one beyond just surviving into massively thriving. Excitingly, the Force-of-Habit series presents inspiring new views regarding ones relationship with oneself, ones reasons for existence and ones place in our universe. Force-of-Habit details not only true Soma-and-Cognitive habitual natures but also easy strategies for effortlessly mining their massive and renewable Habit-Power. Because once Habit-Power is truly understood to be a dynamic benefactor, it will be your automatic and continuously vigilant friend, entirely focused on fulfilling your wishes: your wildest dreams. Once aware of How-We-Cognitively-Work one will be able to substantially enhance day-to-day adventures by Creating-Your-Own-Habits and minimizing Your-Habits-Creating-You: and thus live L. I. F. E2. , this authors acronym for Living-in-Full-Experience-and-Excitement, to the fullest. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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