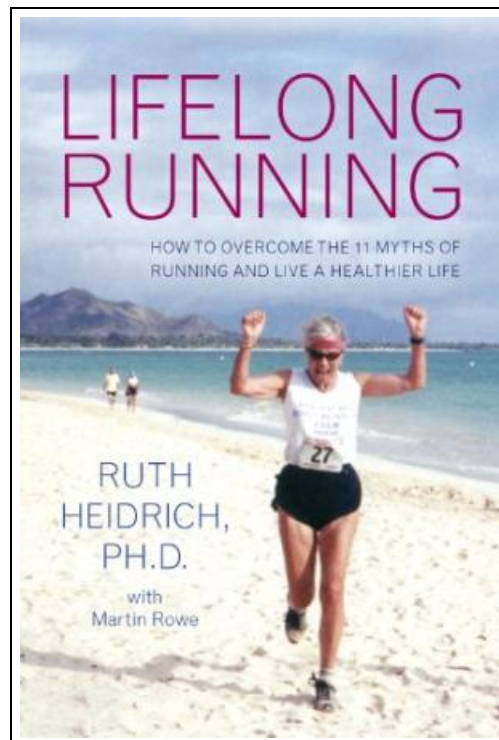


Lifelong Running: Overcome the 11 Myths About Running and Live a Healthier Life



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