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BUSY: HOW TO THRIVE IN A WORLD OF TOO MUCH



Little, Brown Book Group. Paperback. Book Condition: new. BRAND NEW, Busy: How to Thrive in a World of Too Much, Tony Crabbe, It's difficult to ask anybody 'How are you?' without hearing the word 'busy' somewhere in their response. We feel overwhelmed by busyness because of the demands on our time: our inbox and our to-do list are bulging, a huge amount of people expect things from us and our organisations are trying to do more with fewer people. But...

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- Authored by Tony Crabbe
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