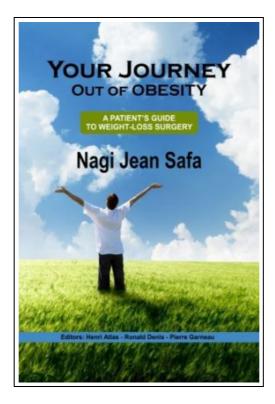
# Your Journey Out of Obesity: A Patient's Guide to Weight Loss Surgery (Paperback)



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## Reviews

A must buy book if you need to adding benefit. It can be rally interesting throgh looking at period of time. Its been designed in an remarkably simple way and it is only after i finished reading this publication by which in fact altered me, modify the way i believe. (Ms. Julie Huels)

### YOUR JOURNEY OUT OF OBESITY: A PATIENT S GUIDE TO WEIGHT LOSS SURGERY (PAPERBACK)



Createspace Independent Publishing Platform, United States, 2014. Paperback. Condition: New. Language: English. Brand New Book \*\*\*\*\*\* Print on Demand \*\*\*\*\*\*. This book is a detailed step-by-step guide for anyone who is considering weight loss surgery. It offers invaluable advice on what to do before surgery, and what to expect during and after the operation. More than fifty years ago, the search for the perfect weight loss operation began: obesity was quite rare then, but its negative health effects became noticeable. Recognizing the increasing need to help obese people, surgical pioneers created innovative procedures that produced malabsorption, then restriction, and they eventually combined the two techniques. The obesity epidemic was the catalyst for many changes in the area of bariatric surgery, creating a demand in treatment for severe obesity and its distressing effects. In fact, bariatric surgery has witnessed more advances over the last decade than in the previous fifty years. The first wave of advances during this past decade can be attributed to the gradual creation and standardization of safer, more effective, and durable operations, such as adjustable gastric banding, Roux-en Y gastric bypass, sleeve gartrectomy, and duodenal switch. The second wave of advances can be attributed to the advent of minimally invasive surgery in the 1990s. Obesity is associated with several medical comorbidities, including Type II diabetes, hypertension, obstructive sleep apnea, arthritis in weight-bearing joints, gallbladder and liver disease, and several kinds of cancer. Nevertheless, in many instances, weight decrease can result in dramatic improvement in health status. The occurrence of bariatric surgery has increased exponentially in recent years, and its contribution has had a major impact on the pandemic of morbid obesity. This book, written by well-known bariatric surgeons, plans to improve people s knowledge and comprehension of obesity and weight-loss surgery. Several chapters will assist you...



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