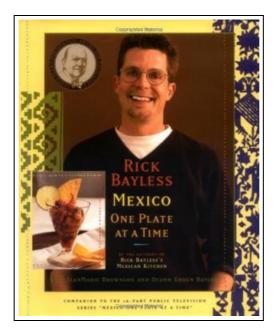
# Mexico One Plate at A Time: One Plate at a Time (Hardback)



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## Reviews

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SIMON SCHUSTER, United States, 2000. Hardback. Condition: New. Language: English. Brand New Book. Rick Bayless has been acclaimed widely as America s foremost proponent of Mexico s thrillingly diverse cuisine. In this companion book to his 26-part Public Television series, he takes us, with boyish enthusiasm, through Mexican markets, street stalls and home kitchens to bring us the great dishes of Mexico, one plate at a time. Rick Bayless has been acclaimed widely as America s foremost proponent of Mexico s thrillingly diverse cuisine. In this companion book to his 26-part Public Television series, he takes us, with boyish enthusiasm, through Mexican markets, street stalls and home kitchens to bring us the great dishes of Mexico, one plate at a time. And each plate Rick presents here is a Mexican classic. Take guacamole, for instance. After teaching us the essentials for a perfect, classic guacamole, Rick shows how to spin contemporary interpretations, like his Roasted Poblano Guacamole with garlic and parsley. Rick s cuisine is always lively, but rooted in strong traditions. Always the teacher, Rick begins each plate with some never-before-found features: traditional benchmarks (Rick s idea of the best guacamole), when to think of the recipes (weeknight dinners or casual party food), and advice for American cooks (Rick s insight into the ingredients that make the dish). He rounds out each plate with suggestions for working ahead. To complete the journey into the Mexican mindset, Rick, with help from his testers, ends each plate with a question-and-answer section detailing just about everything a home cook might want to know: What are the best cuts of beef for grilled tacos? The best cheeses for quesadillas? Is one grill better than another? Rick draws from his years of living in Mexico, pulling us into the Mexican kitchen, to teach...



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