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More Love, More Joy Simple Steps to Improve Your Relationships Your Life

By Jennifer Martin

Discovery Bay Books. Paperback. Condition: New. 192 pages. Dimensions: 8.8in. x 6.0in. x 0.6in. Could your love relationships be better? If you're ready to start receiving the type of love you've always wanted, *More Love, More Joy!* can help you create the most balanced, healthy, and mutually-enjoyable relationships possible. Imagine if your sweetheart gave you the ideal birthday gifts, took you out on perfect dates, and understood the best ways to support you after a difficult day. If this sounds too good to be true, it doesn't have to be! By learning how to communicate more effectively and aligning your inner self with your desires, you'll be able to experience happier, more fulfilling relationships than you've ever had before. Inside, you'll find inspiring stories, practical communication strategies, guided meditations, and thought-provoking exercises that you can do on your own, with a partner, or in a peer-hosted group. . . . Discover how to: . Create more fulfilling, joyful, and balanced relationships. . Communicate your needs and desires easily and effectively. . Remove blocks that may prevent you from receiving what you want. . Create your Wishbook, an instruction manual that will help your partner understand how to care for you...



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