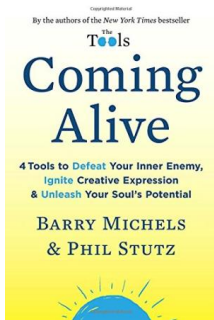


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## COMING ALIVE: 4 TOOLS TO DEFEAT YOUR INNER ENEMY, IGNITE CREATIVE EXPRESSION UNLEASH YOUR SOUL S POTENTIAL (HARDBACK)



Spiegel Grau, 2017. Hardback. Condition: New. Language: English . Brand New Book. Tap into the life force to deepen your emotional and spiritual experience and realize your full potential with this transformative book by the New York Times bestselling authors of The Tools (and the resident shrinks on Goop). In The Tools, Barry Michels and Phil Stutz revolutionized the world of personal growth and self-actualization by offering doable, dynamic actions that transformed challenges into opportunities for change. Now, in Coming...

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- Authored by Barry Michels
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