



The Love Revolution: Love Life, Not Strife. (Paperback)

By Lily Trainor

AUTHORHOUSE, United States, 2011. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.An Introduction to The Love Revolution Love Life, Not Strife The inspirational teachings of wellbeing therapist Lily Trainor Personal Life Coach Extraordinary A remarkable small book with a wealth of information and guidance for those who are trying to make sense of their lives, deal with a wearisome or distressing situation, or feel that they are not achieving their potential. Drawing on a lifetime of learning, teaching and acquired education from her own life experiences, life coach extraordinary Lily Trainor has a gift for organising the disorganised. She says passionately; My sole objective in attaining this knowledge was to pass the torch; to inspire others with a passion for living, especially those for whom indifference and even despondency had become self-inflicted afflictions. Without giving too much away this invaluable life changing volume offers the nuts and bolts of mental mechanisms. Subjects cover health, family issue, attitudes in the working environment, and healthy diet. Interaction is an essential component of the human condition, the most powerful being that of loving relationships: Very important too; friendship, sociability and integrity of companionship. Essential, an understanding of...



READ ONLINE
[6.5 MB]

Reviews

This ebook is worth purchasing. It is written in straightforward words and not hard to understand. You will not feel monotony at any time of your respective time (that's what catalogs are for about in the event you ask me).

-- Eileen Kling I

A whole new e book with a new perspective. I could comprehend almost everything using this written e book. I am very happy to inform you that here is the greatest ebook i have read in my very own life and may be the best publication for ever.

-- Dee Halvorson