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SWITCHING TO A GLUTEN-FREE DIET (PAPERBACK)



Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English. Brand New Book ***** Print on Demand *****. If you have been diagnosed with celiac disease, you will be asked to go completely gluten-free. Gluten is a protein found in various grains. In celiac disease, the small intestine is hypersensitive to this protein making it difficult to digest it. People with celiac disease experience digestive problems such as bloating, diarrhea, pale stools, weight loss, flatulence and abdominal pain....

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