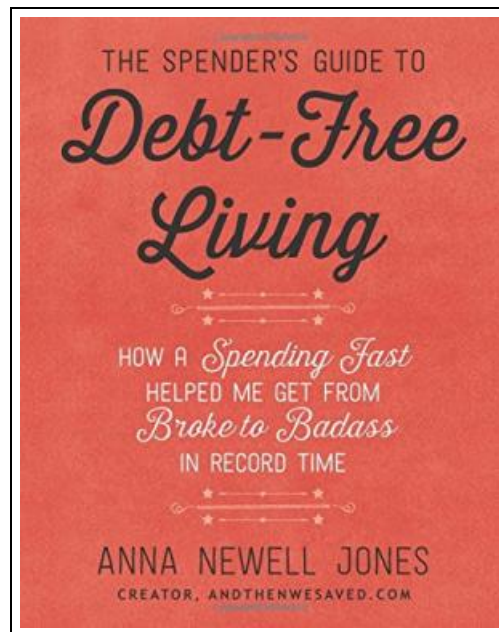


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HarperCollins Publishers Inc, United States, 2016. Paperback. Book Condition: New. 232 x 187 mm. Language: English . Brand New Book. Popular blogger Anna Newell Jones of delivers this self-help manifesto that reveals how a spending fast will help you get on the road to living debt-free. In 2009, young photographer Anna Newell Jones was rapidly suffocating under the weight of too much debt. An inveterate spender, she was in way over her head, to the tune of almost \$24,000. She knew her debt was only going to get worse if she didn t take action, but she didn t know where to look for help. On a whim, Anna decided to go on a spending fast-an idea she heard in passing but knew little about. Creating her own method, she learned what worked and what didn t and wrote about it on her blog, . Amazingly, Anna was able to eliminate all \$23,605.10 of her debt in only 15 months! She was interviewed in Forbes, Self, Glamour, Good Housekeeping, and the Chicago Tribune. Anna s journey inspired people and showed them that they too could change the way they dealt with their own money woes. The Spender s Guide To Debt-Free Living takes readers through a detailed step-by-step plan on how to do a Spending Fast and get out of debt, including: \* Creating a personalized Debt-Free Life Pledge. \* Understanding where your money is going when you re in debt, and where it will come from to pay it off. \* Learning why putting money into a savings account before (or while) paying off debt may not be the best idea for you. \* Finding additional income sources and generating side gigs. \* Re-integrating spending into your life once you re out of debt, so that you stay out...



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