



## From My Heart to Yours Letters To My Young Sisters

By Stephanie Brunner Tillman

BookSurge Publishing. Paperback. Condition: New. 66 pages. Dimensions: 8.0in. x 5.2in. x 0.2in. Filled with hope, compassion and love, From My Heart to Yours. . . Letters to My Young Sisters by Stephanie Brunner Tillman is a powerful and provocative work of nonfiction that is as savvy and streetwise as it is honest and engaging. Essential reading for young African-American preteens and teens, this self-help guide provides discourse on topics such as personal development, decision-making skills, and how to navigate the waters of peer influence and negative peer pressure. A collection of thirteen easy to read essays in all, the main premise is to surmount the challenges that might threaten a young persons successspecifically, a young African-American girls success. Peppered with inspiring quotes from the Bible, among other notables, each essay offers a windfall of inspiration to help one overcome adversity, achieve personal success, or be true to ones phenomenal self. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



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