



Hartford Election Cake and Other Receipts: Chiefly from Manuscript Sources (Classic Reprint) (Paperback)

By Ellen Terry Johnson

Forgotten Books, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Excerpt from Hartford Election Cake and Other Receipts: Chiefly From Manuscript Sources Put a shank of beef or veal, or both, into a soup-pot, with cold water, allowing a quart of water for each pound of meat, and salt in the proportion of a half tea spoonful to each quart of liquid. Let the soup simmer on the back of the stove for two hours; skim carefully. Put a full teaspoonful of butter into a very hot frying pan stir until it begins to brown, then fry in it a small onion, half a small carrot, half a turnip, and a stick or two of celery, if convenient, chopped moderately fine. When fried a light brown, add the vegetables to the soup; boil slowly three hours more. Remove from the fire, strain through fine sieve; set away until nextday, when the soup should be a solid jelly from which every particle of fat can be removed. For use, take a portion of the jelly, melt it in a small kettle, and add, if it is desired to have the soup colored, a teaspoonful...

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