

50 Vegan Recipes - Eat Clean - Get Lean - Train Mean - But Be Nice (Paperback)



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Reviews

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(Keshawn Schneider)

50 VEGAN RECIPES - EAT CLEAN - GET LEAN - TRAIN MEAN - BUT BE NICE (PAPERBACK)**DOWNLOAD**

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This recipe book is printed both in paper back, and eBook format for your convenience. Vegan recipes are so great, because they can pretty much go with anything, and you do not have to be a vegan to make, or enjoy them. Check out some of the delicious recipes that are here for you today!

Tomato Parsley Potatoes Creamy Wild Rice Chowder Vegan Bean Burger Swiss Chard with Garbanzo Beans and Couscous Garbanzo Curry Vegan Polenta Arepas Ginger Stir-Fry with Coconut Rice Avocado Tacos Vegan Style Shepherd s Pie BBQ Tempeh Sandwiches: Easy Vegan Pasta with Pine Nuts Mediterranean Zucchini Pumpkin-Apple Curry with Lentils Garlic-Ginger Tofu Baked Potato with Lentils Vegan Mac No-Cheese Soba Noodles Spicy Potato Curry Quinoa Chard Pilaf Tofu Broccoli Quiche Lentil and Veggie Bake Grilled Tomato-Balsamic Veggies with Couscous Tempeh Fajitas Lentil, Kale, and Red Onion Pasta Teriyaki Tofu with Pineapple Tofu and Red Bell Peppers with Spicy Peanut Sauce Toasted Almond and Quinoa Salad Vegan Chili Marrakesh Stew Crispy Sesame Tofu and Broccoli Stuffed Sweet Potatoes Tofu Kebabs with Cilantro Dressing Salad Barley with Winter Greens Pesto Cajun Style Tempeh Celery Soup Garbanzo Cakes with Mashed Avocado Vegan Paella Spicy Quinoa with Edamame Avocado Pasta Black-eyed Peas with Collard Greens and Turnips Vegan Quesadillas Stuffed Red Bell Pepper Couscous with Olives and Sun-dried Tomatoes White Beans and Chard Miso Soup with Napa Cabbage Vegan Porridge Carrot Soup Kofte Vegan Alfredo Bonus recipes inside!.

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