



## My Progress Planner Diary 2018: Take It to the Next Level (Paperback)

By Lisa Newton

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. If your to-do list is never-ending, and you've been chasing your tail a lot, or always using scraps of paper to make notes - and then losing them - then this book is just for you! This book is a combination of planning ahead (year to view), monthly, weekly overview and then breaking it down into daily diary page-a-day with space for you to make your notes, give yourself reminders as well as review your progress to date and note the good things (daily gratitude) and what you've learned about yourself, and life, as the time flies by. Having these various elements helps you to take stock of the overall plan, it gives you things to think about, and then practical steps to turn the plan into a reality. Author Lisa Newton is a massive fan of to do lists and planning on spreadsheets, but having found she was literally having to print it out every day. wouldn't it be better to have it in a book format, so that it's all in one place and you...



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