



Get Present: Simple Strategies to Get Out of Your Head and Lead More Powerfully

By Sara Harvey Yao

Elements of Power, LLC, United States, 2013. Paperback. Book Condition: New. 175 x 124 mm. Language: English . Brand New Book ***** Print on Demand *****.Leadership coach and thought leader Sara Harvey Yao offers simple, yet powerful steps to help you find what everyone is hungry for in our fast-paced lives: access to inner strength and wisdom. The secret is learning how to be present, first with yourself, and then with others. In Get Present, Yao teaches readers how to access an infinite supply of energy, resilience, innovation, and compassion. Getting present will not only improve how you lead, but will also transform your career, relationships, health, and even our world.

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Reviews

It is simple in read easier to understand. I am quite late in start reading this one, but better then never. Its been designed in an exceptionally easy way in fact it is just following i finished reading through this publication where basically transformed me, alter the way i really believe.

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This book is great. it absolutely was writtern really perfectly and beneficial. You may like how the blogger compose this book.

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